



 **naturamore**<sup>®</sup>  
MUCH MORE FROM NATURE

# andar se fit



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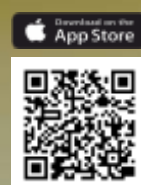
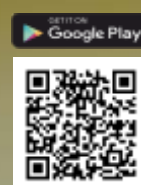
Location Offices:

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Lodha Supremus,  
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# andar se fit

Bahari Fitness Hai Important But Not Complete. Issliye Naturamore.  
A Perfect Mixture Of Nature & Science That Makes You **Andar Se Fit!**

In today's fast-paced contemporary lifestyle, there is much emphasis on external health and fitness; where looking good from the outside has become a way of life. But that doesn't hold the key to holistic health.

**Andar se fit!** Staying healthy and feeling good from the inside is equally important to overall health and wellbeing. Make healthy changes in your lifestyle and supplement your diet with Naturamore Daily and Functional Nutrition. After all, the journey to a healthy and fit life starts inside-out!



Nature Meets Science



Trusted By 1 Million Consumers



Clinically Validated\*

\*Naturamore, Naturamore for Women, Naturamore for Kids, Men's Wellness, Nutri Liver, Joint Care & Lifestyle Plus are clinically validated.

The Naturamore products are not intended to diagnose, treat or cure any diseases. Keep out of reach of children. Do not exceed recommended dosage. It is always advisable to consult your physician before consuming any nutraceutical.





# Naturamore KlearKOF



## Helps to

Soothe sore throat.  
Relieve dry cough and cough with sputum.  
Loosen sticky phlegm.  
Relieve congestion in breathing.  
Reduce respiratory allergies.

*For adults: A dose of 10ml - 3 times a day.*

*For children (above 5 years of age):*

*A dose of 5ml - 3 times a day. Or as advised by your physician.*



## Naturamore KlearKOF

100 ml ₹ 220

Presenting Naturamore KLEARKOF Cough Remedy, an Ayurvedic Proprietary Medicine that can help you fight against seasonal cough, cold and flu, minor respiratory infections and breathing difficulties without making you feel excessively sleepy or dizzy.

In soothing honey-ginger flavour, KLEARKOF is an exclusive blend of 10 traditional Ayurvedic herbs including Shunthi, Pippali, Vasa, Kantakari and Yashtimadhu. The syrup's low-calorie sugar-free formula is suitable for diabetics and the calorie-conscious.

### KEY AYURVEDIC HERBS

Shunthi extract | Pippali extract  
Vasa extract | Kantakari extract  
Yashtimadhu extract

## Naturamore Klear-CDT (Acidity Remedy)

100 ml ₹ 220

Presenting Naturamore KLEAR-CDT Acidity Remedy, an Ayurvedic Proprietary Medicine that is effective in providing relief to chronic acidity. KLEAR-CDT is a rich blend of 7 Ayurvedic herbs including Pittapapda, Yashtimadhu, Patolpatra, Shunthi and Shatavari.

**It does not cause constipation, has no chalky taste, and no high sodium content. The syrup's low-calorie sugar-free formula is suitable for diabetics and the calorie-conscious.**

## Helps to

Balance the quality and quantity of digestive acids.

Address the root cause of chronic acidity.

Useful in gastric ulcers and damaged inner lining of stomach due to chronic acidity.



## Ayurveda

# Naturamore Klear-CDT (Acidity Remedy)



### KEY AYURVEDIC HERBS

Pittapapda extract | Shatavari extract  
Patolpatra extract | Shunthi extract  
Yashtimadhu extract

*For adults: A dose of 10ml - 3 times a day  
or as advised by your physician.*





200 gm ₹ 375

**It helps to maintain:**

Get a feeling of fulfilment, reduce the urge for overeating, and improve bowel movements.

Bridge the nutritional gap in protein and micro nutrients' requirement.

Maintain daily bodily functions and immunity.



*For individuals of age 13 years and above.*



## Daily Nutrition





# French Vanilla & Plus



No added sugar

## Naturamore Plus

400 gm ₹ 1940

A stressful lifestyle, faulty food habits, frequent use of medications and sports persons need an advanced nutrition to meet their daily nutritional requirements. Naturamore Plus – French Vanilla (60% Protein) is a specially crafted nutraceutical with an exclusive blend of 5 Dietary Protein sources, Prebiotics and Probiotics, and enriched with essential vitamins, minerals, Omega 3 DHA and herbs to ensure advanced nutritional support and smooth functioning of the body.

### It helps to maintain:

Vital body functions.  
Growth and development.  
Healthy body metabolism, optimum gut health & eye health.

*For individuals of age 18 years and above.*



## Naturamore French Vanilla

400 gm ₹ 1700

The improved Naturamore - French Vanilla (50% Protein), is an enhanced nutraceutical formulation with an exclusive blend of 5 Dietary Protein sources enriched with essential vitamins, minerals, Omega 3 DHA and select herbs for adequate support to your daily nutritional requirements. It ensures a proper supply of nutritionally essential multivitamins and minerals to support the immune system, improve glucose metabolism, bone and muscle health, metabolism, growth & development, and combats stress & age related effects on the body.

### It helps to maintain:

A balanced nutrition.  
Smooth functioning of body.  
Daily energy and endurance.

*For individuals of age 18 years and above.*



## Naturamore For Women

400 gm ₹ 1575

Naturamore for Women (40% Protein) comes in two delicious flavours, French Vanilla and Masala Milk. It is a useful nutraceutical specially crafted considering the different nutritional needs of women of all ages. An exclusive blend of 5 Dietary Protein sources powered with essential vitamins, minerals, Biotin, Folic Acid, Omega 3 DHA and special herbs help support the female hormonal system, immune system, bones and muscle health, iron levels, metabolism, health of hair, skin and nails, and combats menstruation related effects on the body.

### It helps to maintain:

A balanced hormonal system.  
Healthy bones and muscles.  
Healthy skin, nails and hair.

*For women between the ages of 12 to 50 years.*



## Daily Nutrition

# Women & Kids



## Naturamore for Kids

400 gm ₹ 1350

Meeting nutritional needs of the growing child is a challenge, but not any more with Naturamore for Kids (30% Protein), now in yummy Chocolate Cookie Flavour. It is a specially designed nutraceutical with 5 Dietary Protein sources, essential vitamins and minerals, Omega 3 DHA, Brahmi and Ashwagandha targeted to help in the all-round healthy growth of kids.

### It helps to maintain:

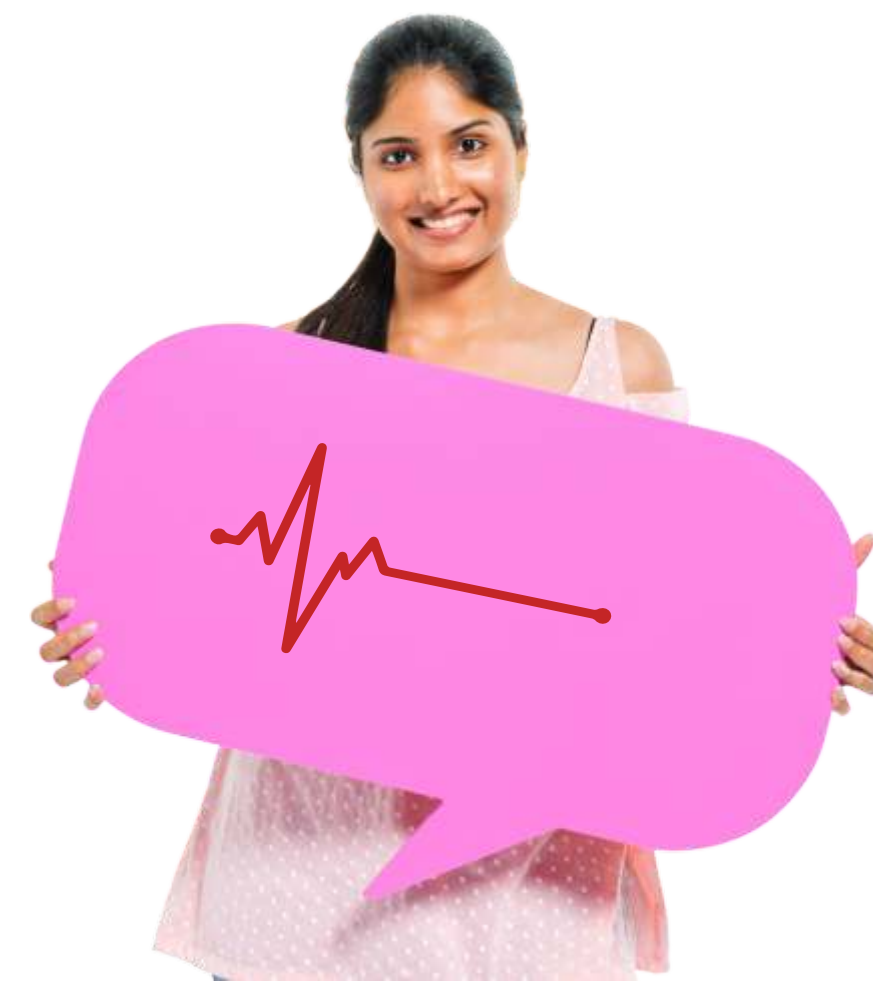
A balanced immunity.  
Healthy bones and muscles.  
Healthy cognition and concentration.  
A healthy wholesome nutrition.

*For kids in the developing ages between 3 years to 18 years.*





# Nutri Heart & Lifestyle Plus



### Naturamore Nutri Liver

30 Capsules ₹ 495

The improved Naturamore Nutri Liver is a useful nutraceutical that helps to maintain health of the hepatobiliary system and metabolism; maintaining liver health, balances the levels of liver enzymes and maintaining healthy Pitta (acidic) secretions. Naturamore Nutri Liver contains natural herbs such as Milk Thistle, Kutki, Kalmegh, Bhuiamla, Punarnava and Kakmachi which are useful in maintaining liver health by providing the necessary functional nutrition to the liver.

#### It helps to:

Maintain liver health.  
Balance levels of liver enzymes.  
Maintain healthy Pitta (acidic) secretions.

*For adults of age 18 years and above.*

Dosage: 1 capsule morning & evening with milk or water, 1 hour before meals.



### Naturamore Joint Care

30 Capsules ₹ 495

The improved Naturamore Joint Care is a nutraceutical to provide the necessary nutrients to the musculoskeletal system. It is useful for people with joint pain, joint inflammation, stiffness, swelling of joints in the shoulder, neck, knee, hip and elbow, and for people who find it difficult in walking and using the stairs. Naturamore Joint Care contains natural herbs such as Guggal, Salai, Ashwagandha, Hadjod and Pippali which are useful in maintaining overall joint health by providing the necessary functional nutrition to the joints.

#### It helps to maintain:

Joint health.  
Muscles strength.  
Bone composition.

*For adults of age 18 years and above.*

Dosage: 1 capsule after both meals with lukewarm water / milk.



### Naturamore Nutri Heart

30 Capsules ₹ 495

The improved Naturamore Nutri Heart contains nutrients which help in maintaining heart health, balances blood cholesterol levels and maintains optimum health of blood vessels. This nutraceutical is enriched with a perfect blend of natural ingredients and the traditional Indian Ayurvedic herbs like Flaxseed, Grapeseed, Arjuna, Coenzyme Q-10, Garlic and Guggulu which help in maintaining normal function of the heart.

#### It helps to:

Maintain heart health.  
Balance blood cholesterol levels.  
Maintain optimum health of blood vessels.

*For adults of age 18 years and above.*

Dosage: 1 capsule after both meals with lukewarm water / milk.



### Naturamore Lifestyle Plus

30 Capsules ₹ 450

The improved Naturamore Lifestyle Plus is a useful nutraceutical for people with a sedentary lifestyle, improper metabolism leading to weight gain and increased blood sugar levels. With an enhanced nutraceutical formula, it helps support the normal glucose metabolism and digestive secretions, and helps in secreting normal liver enzymes. Naturamore Lifestyle Plus is enriched with natural herbs such as Vijaysar, Gudmar, Jamun, Neem, Kutki, Ginger and Kokum which are traditionally used to balance the metabolism and insulin secretions in the body.

#### It helps to:

Support normal glucose metabolism.  
Support normal digestive secretions.  
In secreting normal liver enzymes.

*For adults of age 18 years and above.*

Dosage: 1 tablet twice a day before meals.



# Nutri Liver & Joint Care







### Naturamore De-Stress

30 Tablets ₹ 600

Naturamore De-stress offers an effective natural solution for your sleep and stress related issues. It helps to support people with a stressful work profile, sleep related problems, jet lag or even women during peri-menopausal age. Made with an ingenious blend of ingredients such as Brahmi, Jatamansi, Ashwagandha, Ginseng, Shankhapushpi and Melatonin, it is safe and non-habit forming.

#### It helps to:

Reduce stress and anxiety, and improve memory formation.  
Improve sleep, mood, immunity and cognition.  
Promote brain performance.

*For adults above 18 years of age.*

Dosage: 1 tablet before bedtime with water / milk.



### Naturamore Eye Care

30 Tablets ₹ 600

Naturamore Eye Care helps to maintain healthy vision and may protect from the harmful effects of blue radiations from mobile and computer screens, bright lights, pollution and poor nutrition. It contains a unique and powerful blend of Ayurvedic herbs like Amalaki, Bibhitaki, Haritaki, Moringa, Bilberry, Curcumin, and Lutein and Zeaxanthin.

#### It helps to:

Nourish the vision internally.  
Optimize normal vision.  
Support healthy functioning of retina.  
Protect eyes from blue light damage and vision in digital age.  
Useful in eye fatigue & eye strain.

Dosage for adults: 1 tablet twice a day.  
Dosage for kids (above 12 years of age): 1 tablet at bedtime.



## Eye Care & De-Stress



### Naturamore Immune Plus

60 Capsules ₹ 600

Healthy immunity is a state of the body's defence to harmful pathogens. It may help prevent the development of infection and maintains the person's integrity by neutralizing and clearing harmful pathogens. Naturamore Immune Plus is a comprehensive natural supplement for optimum immune response in a variety of infectious and allergic condition.

#### It helps in:

Maintaining healthy immune response.  
Enhancing overall body functioning.  
Supporting respiratory health.  
Improving cardiovascular health.

*For adults above 18 years of age.*

Dosage: One capsule twice daily with water.



## Functional Nutrition

# Immune Plus & Easy Detox



### Naturamore Easy Detox

30 Capsules ₹ 495

The improved Naturamore Easy Detox with an enhanced nutraceutical formula is specifically designed to keep a balanced healthy metabolism; balancing digestive secretions, body detoxification, and bowel cleansing. This is an effective and potentially non-habit-forming nutraceutical formulated using traditional Ayurvedic herbs like Amla, Senna, Haritaki and Shunthi, to name a few.

#### It helps in:

Healthy digestion and overall metabolism.  
Soft and regular bowel movements.  
Body detoxification.

*For individuals of age 18 and above.*

Dosage: 1 capsule before both meals with lukewarm water for 7 – 15 days.





# Men's & Women's Wellness



Functional Nutrition



## Naturamore Women's Wellness

30 Tablets ₹ 600

Naturamore Women's Wellness helps support complex and crucial functions of a woman's body and overall women's health. This thoughtful Nutraceutical formula contains a unique blend of Lycopene, Ashoka, Shatavari, Chaste Tree, Punarnava and Brahmi which help support overall women's health.

### It helps in:

Maintaining healthy skin, nails and hair structure.  
As a nutritional support in menstrual irregularities.  
Digestion and healthy immune system.

*For women between the ages of 12 to 50 years.*

Dosage: 1 tablet twice a day, after both meals with lukewarm water / milk.



## Naturamore Men's Wellness

30 Capsules ₹ 690

The improved Naturamore Men's Wellness is a nutraceutical specifically designed to nutritionally support men's health. It is enriched with a successful blend of natural ingredients with traditional Indian Ayurvedic herbs like Ashwagandha, Ginseng, Ginkgo biloba, Akkalkara, Gokshur, Jaiphal and Fenugreek.

### It helps to:

Maintain optimum vigor and vitality throughout.  
Maintain energy and endurance during the performance.  
Combat effects of stress and anxiety.

*For males of age 18 years and above.*

Dosage: 1 capsule twice a day, after both meals with lukewarm water / milk.

